



Kaiser Permanente cares about the communities we serve. We created Educational Theatre Programs to inspire children, teens and adults to make informed decisions about their health and to build stronger, healthier neighborhoods.

Here's what teachers, principals, parents and students are saying about Kaiser Permanente's Educational Theatre Programs:

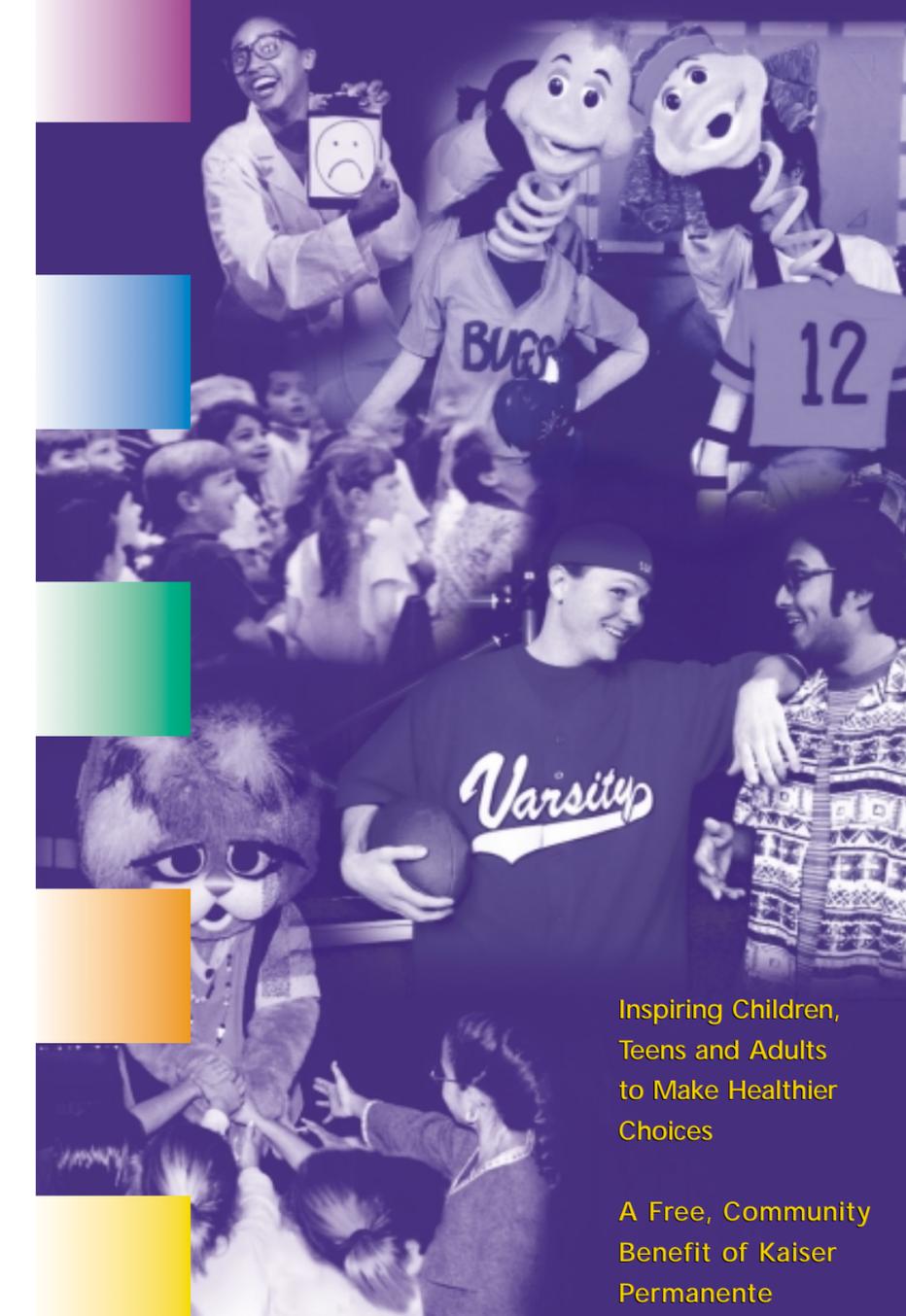
"In my 23 years of teaching, this was one of the most dynamic and professional performances that I have ever seen."

"What you said has totally changed my life."

"Finally, someone who recognizes our problems and isn't afraid to discuss them!"

"That was the best assembly we've ever had!"

"You truly are providing an important and entertaining service to schools!"



Inspiring Children, Teens and Adults to Make Healthier Choices

A Free, Community Benefit of Kaiser Permanente



Kaiser Permanente
Educational Theatre Programs
1814 Franklin St. #805
Oakland, CA 94612

"Thank you for awakening the minds, spirits and souls of so many young people."

- ASSOCIATE DIRECTOR, NATIONAL YOUTH LEADERSHIP FORUM

Growing up isn't easy. Children and teens face extraordinary challenges on their way to adulthood. Today's young people need help when trying to make healthy decisions. That's why Kaiser Permanente created Educational Theatre Programs.

Educational Theatre Programs (ETP) uses live theatre, music, comedy and drama to inspire children, teens and adults to make healthier choices and better decisions about their well-being.

ETP's live, interactive performances capture students' attention while creating an emotional connection that makes the show's health issues real to them.

To meet the diverse health needs of today's kindergarten through 12th grade audiences, ETP offers four different award-winning presentations. As educational as they are entertaining, each program was developed with the help of teachers, parents, students, health educators, medical professionals, and professional performing artists.

ETP's programs are led by young, professional actors/educators who are trained in peer counseling and who reflect the cultural diversity of the communities we serve. After each performance, ETP provides students, teachers and parents with educational support materials designed to facilitate an ongoing dialogue about the health issues covered in the program.

A community benefit of Kaiser Permanente, Educational Theatre Programs productions and workshops are offered free of charge to eligible schools and community groups.

To book an ETP presentation for your school or group, or if you have questions, please contact ETP at one of the following numbers:

Northern California

1814 Franklin Street #805
Oakland, CA 94612
(510) 987-2223

ETPinfo@kp.org
www.kp.org/etp

Southern California

393 East Walnut Street
Pasadena, CA 91188-6720
(323) 259-4531 • (800) 331-3368 x4531

ETPinfo@kp.org
www.kp.org/etp



Zip's Great Day

For Grades Grades K-5

Zip's Great Day is an interactive, theatrical experience that uses puppetry, music, dance, and comedy to help elementary school children make healthier choices, resolve conflict, build self-esteem, and deal with the everyday challenges of being a kid.

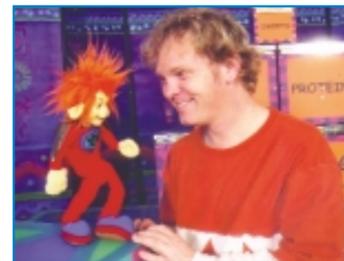


The show tells the story of Zip, the new kid at school. On his first day at his new school, Zip faces many of the challenges confronting today's elementary school kids. Zip's journey of self discovery takes him from the library, where he learns about the healthy food pyramid, to the athletic field and a lesson on exercise and on to the playground, where Zip learns to say 'no' to peer pressure, resolve a conflict with another student and improve his self-esteem.

Joining Zip on his adventure are his puppet friends, singing and dancing classmates and even a talking shoe named "You." The show ends with Zip's realization that "Every day is a great day to be a kid."

During the course of *Zip's Great Day*, children will learn about:

- Developing self-esteem
- Dealing with bullies and personal conflict
- Eating healthy foods and exercising
- Staying safe
- Saying 'No' to smoking and peer pressure
- The benefits of reading



"You truly are providing an important and entertaining service to schools!"
- ELEMENTARY SCHOOL TEACHER



Peace Signs

For Grades 4-6



PE.A.C.E. Signs provides students with a forum for dealing with the problem of youth violence. *PE.A.C.E Signs* was developed to help students and adults learn to use words and not violence when dealing with conflict. The program includes a live theatrical performance and a series of classroom workshops to encourage students to become peacemakers when faced with name-calling, fighting, or domestic violence.



This interactive performance follows the lives of four young people who are brought together on a "trashed" playground. Guided by an older "whiz-kid" from a nearby high school, each of the characters learns to deal with the violence in their lives by developing conflict resolution and communications skills. As the new friends rebuild their playground, they learn to treat each other with respect, develop empathy for others, and "stop, feel, think, choose, act" when faced with violent situations.

The *PE.A.C.E. Signs* program includes a series of classroom workshops and a family night performance of the show.

By participating in the *PE.A.C.E. Signs* program, students learn:

- The five steps to manage conflict
- How to respect one another
- Cooperation and communication with friends, teachers and parents
- How to get help from adults

"I learned that sometimes you need help even when you think you're very tough."
- ELEMENTARY SCHOOL STUDENT



Nightmare on Puberty Street

For Grades 6-8

Nightmare on Puberty Street shows adolescents that they are not alone in facing the changes and challenges of puberty. This interactive program follows four young people on their journey through adolescence. As the characters on stage wrestle with the



essential adolescent question: "Am I normal," they learn to cope with changes affecting their bodies and minds.

By using drama, music and humor to confront the difficult issues of self-esteem, peer pressure, drug and alcohol use, sexuality and suicide, *Nightmare on Puberty Street* helps students deal with the challenges of adolescence by facilitating in-depth discussions about these issues.

Nightmare on Puberty Street includes a live performance, a question and answer session, role-playing workshops and support materials for use in the classroom.



Nightmare on Puberty Street shows middle school students how to:

- Deal with peer pressure and develop their self-esteem
- Understand the first feelings of sexual attraction and show affection without being sexually active
- Get help when feeling depressed or considering suicide
- Cope with violent situations
- Communicate with parents and peers

"The most important thing I got from *Nightmare* was that everyone is changing. I thought I was the only one that ever felt that way."

- MIDDLE SCHOOL STUDENT



Secrets

For Teens to Adults

Secrets educates students about the dangers of HIV/AIDS and other sexually transmitted diseases by providing them with a realistic look into the lives of people impacted by the HIV virus. As enlightening as it is entertaining, *Secrets* uses humor and drama to provide students with the facts about HIV, AIDS, and other sexually transmitted diseases.

This award-winning drama follows the life of a popular high school athlete named Eddie. After engaging in some risky behavior, Eddie finds out that he has contracted HIV and that his illness could have been prevented. As the play unfolds, students learn how the choices they make can have a lasting impact on their health and the health of those they care about.



Based on the true stories of people with AIDS, *Secrets* was created with the help of health experts, educators, licensed counselors, and parents. After each performance, the *Secrets* ensemble, who are trained as peer educators, lead a question and answer session with the students.

During the *Secrets* program, students will learn:

- That the only true form of "safe" sex is abstinence
- How to resist peer pressure to have sex and engage in risky behavior
- How HIV/AIDS is transmitted
- The risks of being sexually active and ways to reduce those risks
- To improve communications with their parents
- How to find more information about HIV/AIDS

"You really helped me make better decisions in my life."
- HIGH SCHOOL STUDENT



CareActors

For Kaiser Permanente Doctors, Nurses and Health Professionals

CareActors uses theatre, role-playing, dramatic scenes, video coaching and discussion techniques as an interactive training tool for physicians, health care professionals and employees of Kaiser Permanente.

Building on Kaiser Permanente's commitment to continuing education for its employees, this award-winning program improves doctors and health professionals' communication skills while helping them strengthen their interpersonal relationships with their patients.

The *CareActors* team of culturally diverse performers/educators, writers, and directors develop highly specialized programs for supporting seminars, workshops and continuing education classes. *CareActors* can create a custom program to suit your educational needs or you may choose an existing production from our repertoire. Some of these programs include:

- Patient/Physician Communication
- Cultural Diversity
- Domestic Violence
- Stress Management
- Terminal Diagnosis
- Hospital Security
- HIV and AIDS
- Occupational Health
- Trauma in the Workplace
- Plus many more



"The actors made the topics come to life!"
- KAISER PERMANENTE HEALTH CARE PROFESSIONAL



Community Troupe

For Children, Teens and Adults

The *Community Troupe* uses the elements and characters of ETP's productions to provide valuable health information to California's children, teens and adults at health fairs, community gatherings, grand-openings, and special events.



ETP's performers/educators can perform a short theatrical presentation on a particular health issue or host an educational booth where children and parents can learn about good health habits after taking a picture with an ETP costumed character. The *Community Troupe* can also develop a special educational program around the needs of your community group or event.

The *Community Troupe* can also perform a "mini" educational theatre production. Its latest production uses the characters from the popular *Bodywise Traveling Menagerie* show to educate children about asthma and the importance of taking care of one's health.

Some of the other topics that ETP's *Community Troupe* can cover include:

- Safety
- Teen smoking
- Avoiding drugs and alcohol
- Self-esteem
- Positive Communications.



"Original, entertaining and extremely educational!"
- COMMUNITY LEADER